



Department of Teaching & Learning
Parent/Student Course Information

Parenting and Child Development
(HE 8284)
One-half Credit, One Semester
Grades 9-12

Counselors are available to assist parents and students with course selections and career planning. Parents may arrange to meet with the counselor by calling the school's guidance department.

COURSE DESCRIPTION

Students study the development of the child from prenatal to age six and learn skills for effective parenting. The course focuses on understanding the intellectual, physical, social, and emotional development of the child. Other topics include financial planning in preparing for children, understanding the health and safety needs of children, developing responsible discipline methods, caring for handicapped children and investigating careers in child care services.

CERTIFICATION

American Association of Family & Consumer Sciences: Broad Field Family and Consumer Sciences Competency Assessment (for those students who have taken at least one other year-long FACS course)

STUDENT ORGANIZATION

Family, Career and Community Leaders of America (FCCLA)
FCCLA is a national career and technical student organization that promotes personal growth and leadership through Family and Consumer Sciences education. As part of the FACS curriculum, the FCCLA framework helps students develop character, think creatively and critically and prepare for careers through practical knowledge and specific skills.

PREREQUISITE

None

OPTIONS FOR NEXT COURSE

Introduction to Child Care Occupations
Independent Living
Early Childhood Education (Technical and Career Education Center)

REQUIRED STUDENT TEXTBOOK

Child Development: Early Stages through Age 12, 2016

COMPETENCIES FOR PARENTING AND CHILD DEVELOPMENT

Demonstrating Workplace Readiness Skills: Personal Qualities and People Skills

- 1 Demonstrate positive work ethic.
- 2 Demonstrate integrity.
- 3 Demonstrate teamwork skills.
- 4 Demonstrate self-representation skills.
- 5 Demonstrate diversity awareness.
- 6 Demonstrate conflict-resolution skills.
- 7 Demonstrate creativity and resourcefulness.

Demonstrating Workplace Readiness Skills: Professional Knowledge and Skills

- 8 Demonstrate effective speaking and listening skills.
- 9 Demonstrate effective reading and writing skills.
- 10 Demonstrate critical-thinking and problem-solving skills.
- 11 Demonstrate healthy behaviors and safety skills.
- 12 Demonstrate an understanding of workplace organizations, systems and climates.
- 13 Demonstrate lifelong-learning skills.
- 14 Demonstrate job-acquisition and advancement skills.
- 15 Demonstrate time-, task- and resource-management skills.
- 16 Demonstrate job-specific mathematics skills.
- 17 Demonstrate customer-service skills.

Demonstrating Workplace Readiness Skills: Technology Knowledge and Skills

- 18 Demonstrate proficiency with technologies common to a specific occupation.
- 19 Demonstrate information technology skills.
- 20 Demonstrate an understanding of Internet use and security issues.
- 21 Demonstrate telecommunications skills.

Examining All Aspects of an Industry

- 22 Examine aspects of planning within an industry/organization.
- 23 Examine aspects of management within an industry/organization.
- 24 Examine aspects of financial responsibility within an industry/organization.
- 25 Examine technical and production skills required of workers within an industry/organization.
- 26 Examine principles of technology that underlie an industry/organization.
- 27 Examine labor issues related to an industry/organization.
- 28 Examine community issues related to an industry/organization.
- 29 Examine health, safety and environmental issues related to an industry/organization.

Addressing Elements of Student Life

- 30 Identify the purposes and goals of the student organization.
- 31 Explain the benefits and responsibilities of membership in the student organization as a student and in professional/civic organizations as an adult.
- 32 Demonstrate leadership skills through participation in student organization activities, such as meetings, programs and projects.
- 33 Identify Internet safety issues and procedures for complying with acceptable use standards.

Balancing Work and Family

- 34 Analyze the meaning of work.
- 35 Analyze the meaning of family.

- 36 Compare how families affect work life and how work life affects families.
- 37 Identify management strategies for balancing work and family roles.

Analyzing Parenting Roles and Responsibilities

- 38 Analyze parenting expectations and responsibilities.
- 39 Identify parenting roles across the life span.
- 40 Evaluate personal readiness for becoming a parent.
- 41 Analyze societal influences on parenting roles and responsibilities.
- 42 Describe cultural differences in parenting roles and responsibilities.
- 43 Analyze the interdependent relationship between families and society in regard to fulfilling responsibilities for meeting children's needs.

Ensuring a Healthy Start for Mother and Child

- 44 Identify biological processes related to prenatal development, birth, and the health of mother and child.
- 45 Demonstrate nurturing practices that support infant growth and development.
- 46 Describe ways to integrate a newborn into the family.
- 47 Explain the bonding process and how it impacts parent-child relationships.

Evaluating Support Systems that Provide Services for Parents

- 48 Describe components of an effective parenting support system.
- 49 Investigate resources available to parents.
- 50 Summarize current laws and policies related to parenting.
- 51 Develop strategies to effect change in policies and laws for the benefit of families and children.
- 52 Identify available child care options.
- 53 Identify criteria for selecting and evaluating child care services.

Evaluating Parenting Practices that Maximize Human Growth and Development

- 54 Describe developmental stages and their characteristics in regard to physical, emotional, social and intellectual growth.
- 55 Describe developmentally appropriate behavior and discipline for a child at each stage of development.
- 56 Identify nurturing practices that support human growth and development.
- 57 Plan strategies to enhance children's physical, emotional, social and cognitive development.
- 58 Plan strategies for meeting nutritional needs of children.
- 59 Plan strategies to provide for child health and safety.
- 60 Demonstrate developmentally appropriate communication skills to use with children at each stage of development.
- 61 Distinguish among guidance, discipline and punishment.
- 62 Assess common parenting practices and emerging research about discipline on human growth and development.
- 63 Evaluate different parenting styles.
- 64 Analyze factors that contribute to child abuse and to child neglect.
- 65 Assess the effects of child abuse and neglect on the child, parents, other family members and society.
- 66 Determine methods to prevent child abuse and neglect.

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For further information please call (757) 263-1070.

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