



Department of Teaching & Learning
Parent/Student Course Information

Cosmetology I
(VO8527)
Three Credits, One Year
Grades 11 or 12

Counselors are available to assist parents and students with course selections and career planning. Parents may arrange to meet with the counselor by calling the school's guidance department.

COURSE DESCRIPTION

This curriculum prepares a student to work as a licensed cosmetologist, salon manager/owner, or as a specialist in hair cutting, hair coloring, chemical relaxing and/or permanent waving. Basic cosmetology training also equips individuals with a background essential to obtaining positions such as demonstrators and/or salespersons for manufacturers and dealers.

CERTIFICATION

License: Virginia Department of Commerce/State Board of Cosmetology

STUDENT ORGANIZATION

SkillsUSA is a co-curricular organization for all students enrolled in trade and industrial education programs. SkillsUSA is a partnership of students, teachers and industry working together to ensure America has a skilled workforce. SkillsUSA helps students excel by providing educational programs, events and competitions that support career and technical education (CTE) in the nation's classrooms. Students are highly encouraged to participate.

PREREQUISITE

None

OPTIONS FOR NEXT COURSE

Cosmetology I

REQUIRED STUDENT TEXTBOOK

None

COMPETENCIES FOR COSMETOLOGY I

Demonstrating Workplace Readiness Skills: Personal Qualities and People Skills

- 1 Demonstrate positive work ethic.
- 2 Demonstrate integrity.
- 3 Demonstrate teamwork skills.
- 4 Demonstrate self-representation skills.
- 5 Demonstrate diversity awareness.
- 6 Demonstrate conflict-resolution skills.
- 7 Demonstrate creativity and resourcefulness.

Demonstrating Workplace Readiness Skills: Professional Knowledge and Skills

- 8 Demonstrate effective speaking and listening skills.
- 9 Demonstrate effective reading and writing skills.
- 10 Demonstrate critical-thinking and problem-solving skills.
- 11 Demonstrate healthy behaviors and safety skills.
- 12 Demonstrate an understanding of workplace organizations, systems and climates.
- 13 Demonstrate lifelong-learning skills.
- 14 Demonstrate job-acquisition and advancement skills.
- 15 Demonstrate time-, task- and resource-management skills.
- 16 Demonstrate job-specific mathematics skills.
- 17 Demonstrate customer-service skills.

Demonstrating Workplace Readiness Skills: Technology Knowledge and Skills

- 18 Demonstrate proficiency with technologies common to a specific occupation.
- 19 Demonstrate information technology skills.
- 20 Demonstrate an understanding of Internet use and security issues.
- 21 Demonstrate telecommunications skills.

Examining All Aspects of an Industry

- 22 Examine aspects of planning within an industry/organization.
- 23 Examine aspects of management within an industry/organization.
- 24 Examine aspects of financial responsibility within an industry/organization.
- 25 Examine technical and production skills required of workers within an industry/organization.
- 26 Examine principles of technology that underlie an industry/organization.
- 27 Examine labor issues related to an industry/organization.
- 28 Examine community issues related to an industry/organization.
- 29 Examine health, safety and environmental issues related to an industry/organization.

Addressing Elements of Student Life

- 30 Identify the purposes and goals of the student organization.
- 31 Explain the benefits and responsibilities of membership in the student organization as a student and in professional/civic organizations as an adult.
- 32 Demonstrate leadership skills through participation in student organization activities, such as meetings, programs and projects.
- 33 Identify Internet safety issues and procedures for complying with acceptable use standards.

Demonstrating Safety, Sanitation, and Disease Control

- 34 Sanitize hands before and after every service.
- 35 Demonstrate standard treatment of an injury to a client and to oneself.
- 36 Follow OSHA guidelines for sanitizing and disinfecting implements after exposure to blood.

- 37 Identify the components of a Safety Data Sheet (SDS).
- 38 Demonstrate prescribed procedures for attending to a contaminated (i.e., by blood spill, disease) work area.
- 39 Demonstrate knowledge of blood-borne pathogens, including blood poisoning, hepatitis C and AIDS.
- 40 Demonstrate safety practices when working with all chemicals.

Maintaining, Sanitizing, and Disinfecting Implements, Equipment, and Facilities

- 41 Sanitize and disinfect combs, brushes, shears, and other implements.
- 42 Sanitize and disinfect electrical equipment.
- 43 Maintain salon equipment.
- 44 Sanitize rollers, clips, perm rods, and perm trays.
- 45 Launder towels, capes, and smocks.
- 46 Sanitize and disinfect work areas.

Exhibiting Professionalism and Workplace Ethics

- 47 Demonstrate a professional image.
- 48 Demonstrate correct posture and physical poise.
- 49 Follow practices and procedures related to workplace ethics.

Introducing Cosmetology

- 50 Summarize the origin and advancements of cosmetology.
- 51 Identify various career options within cosmetology.
- 52 Follow competency procedures.
- 53 Explain how to secure required license.

Gathering Client's History

- 54 List client's personal information and factors that could affect the service.
- 55 Record client's medical history to ensure client's health and safety.

Performing Scalp and Hair Care

- 56 Conduct client consultation regarding use of hair products.
- 57 Apply towel and drape to client.
- 58 Analyze client's scalp and hair for abnormal conditions.
- 59 Brush hair in preparation for shampoo.
- 60 Shampoo hair.
- 61 Condition hair.

Cutting Hair

- 62 Consult with client before haircut.
- 63 Analyze client's hair and facial shape, prior to a haircut.
- 64 Apply drape to client.
- 65 Demonstrate various haircutting elevations.
- 66 Demonstrate hand positions for cutting.
- 67 Demonstrate safe and effective handling of haircutting implements.
- 68 Cut hair.
- 69 Check overall haircut.

Styling Hair

- 70 Demonstrate knowledge of styling and finishing products.
- 71 Demonstrate use of blow dryer and brushes.
- 72 Set hair, using pin curls.

- 73 Set dry hair on hot rollers.
- 74 Set hair, using curling iron.
- 75 Set hair, using rollers.
- 76 Demonstrate hair wrapping and sculpting techniques.
- 77 Perform finger waves.
- 78 Straighten hair, using thermal tools.
- 79 Style hair by basic braiding.
- 80 Demonstrate comb-out techniques.

Introducing Chemical Texture Service Procedures

- 81 Conduct client consultation regarding chemical service procedures.
- 82 Analyze hair and scalp condition for a particular chemical texture service.
- 83 Select product for chemical texture service.
- 84 Select rod type for permanent waving.
- 85 Select wrap method and sectioning pattern.
- 86 Demonstrate sectioning and sub sectioning.
- 87 Demonstrate application of relaxer.

Lightening and Coloring Hair

- 88 Demonstrate safety practices when working with all chemical services.
- 89 Record client consultation information, including factors that may affect the services.
- 90 Demonstrate a working knowledge of color theory.
- 91 Consult with client regarding previous chemical use and desired results.
- 92 Complete client record card for color services.

Caring for Skin, Hands, and Feet

- 93 Perform basic manicure.
- 94 Perform basic pedicure.
- 95 Perform basic facial.

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For further information please call (757) 263-1070.

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To seek resolution of grievances resulting from alleged discrimination or to report violations of these policies, please contact the Title VI/Title IX Coordinator/Director of Student Leadership at (757) 263-2020, 1413 Laskin Road, Virginia Beach, Virginia, 23451 (for student complaints) or the Section 504/ADA Coordinator/Chief Human Resources Officer at (757) 263-1133, 2512 George Mason Drive, Municipal Center, Building 6, Virginia Beach, Virginia, 23456 (for employees or other citizens). Concerns about the application of Section 504 of the Rehabilitation Act should be addressed to the Section 504 Coordinator/ Executive Director of Student Support Services at (757) 263-1980, 2512 George Mason Drive, Virginia Beach, Virginia, 23456 or the Section 504 Coordinator at the student's school. For students who are eligible or suspected of being eligible for special education or related services under IDEA, please contact the Office of Programs for Exceptional Children at (757) 263-2400, Laskin Road Annex, 1413 Laskin Road, Virginia Beach, Virginia, 23451.

Alternative formats of this publication which may include taped, Braille, or large print materials are available upon request for individuals with disabilities. Call or write The Department of Teaching and Learning, Virginia Beach City Public Schools, 2512 George Mason Drive, P.O. Box 6038, Virginia Beach, VA 23456-0038. Telephone 263-1070 (voice); fax 263-1424; 263-1240 (TDD) or email at Brandon.Martin@vbschools.com.

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